



Teaching Safe & Accessible Chair Yoga

Sat/Sun, July 9, 10, 16, 17, 2022 - 9:00 - 1:30 pm

Location*: outside patio/garden, Cloverdale (Surrey)

**Weather dependent. Backup plan: workshop will move to Zoom on same dates*

groveyogaschool@gmail.co

604-882-9094

www.groveyogaschool.ca

Stacey can be reached directly

yogaonly@telus.net

604-836-0424

Name		
Telephone/s		
Address		
City, Prov, Code		
Email		

Emergency Contact & phone number

Please email the completed form to **groveyogaschool@gmail.com**.

To ensure immediate attention, include "Chair Yoga Workshop Registration" in the subject line.

Registration Fee: \$367.50 (includes GST) *Receipt available for business expense only.*

Props required: 2 regular yoga blocks; 1 strap (8-10' recommended); 1 yoga mat (okay for outside use)

Optional props: 1 foam block, 2 2-3lb hand weights, tennis ball, Bender ball,

Location: In-person and outside in Cloverdale (Surrey, BC) or live via Zoom on same dates; students must be prepared for either option on a daily basis. At the discretion of the GYS teacher, in person or virtual training will be decided based on a suitable weather forecast. Students will be notified at the email address noted above no later than 5:00 pm the day prior to each class as to presentation form (in person or Zoom).

Registration & Payment Remittance Deadline: Thursday, June 30th, 2022, 5:00 pm. Minimum enrollment required or unfortunately this program will be withdrawn from the schedule and students advised of their option of a full refund or fee transfer to the November class. Standard GYS refund policies apply to student cancellation/withdrawal.

Continuing Education Credits:

18 BCRPA/Yoga Alliance 16 CFES (max) RYT enrolled students - 18 non-core curriculum training hours

Payments methods accepted:

E-transfer to **groveyogaschool@gmail.com**

Cheques payable to **Gaylene Thoeny**

Text for mailing or drop off details.

I, the above named, have reviewed, acknowledge, and agree to the GYS policies as available on their website including but not limited to the refund and physical activity policies.